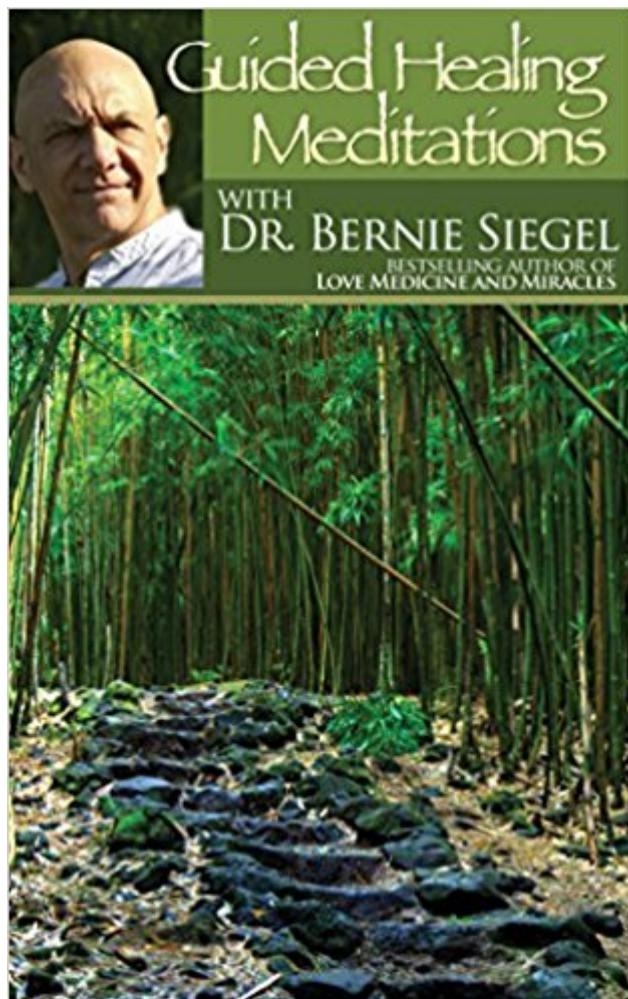


The book was found

Guided Healing Meditations



Synopsis

Bernie guides you through inspirational journeys that can help you to move past life's greatest challenges. Discover a rejuvenating sense of control and inner peace and learn to live fully in the moment.

Book Information

Audio CD

Publisher: BetterListen; Unabridged edition (December 15, 2015)

Language: English

ISBN-10: 1511344016

ISBN-13: 978-1511344012

Product Dimensions: 6.5 x 0.6 x 5.5 inches

Shipping Weight: 2.1 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 6 customer reviews

Best Sellers Rank: #216,699 in Books (See Top 100 in Books) #54 in Books > Books on CD > Health, Mind & Body > Relaxation & Meditation #60 in Books > Books on CD > Health, Mind & Body > Meditation #74 in Books > Books on CD > Health, Mind & Body > General

Customer Reviews

Dr. Bernie Siegel was born in Brooklyn, NY. He attended Colgate University and Cornell University Medical College. He holds membership in two scholastic honor societies, Phi Beta Kappa and Alpha Omega Alpha and graduated with honors. His surgical training took place at Yale New Haven Hospital, West Haven Veteran's Hospital, and the Children's Hospital of Pittsburgh. He retired from practice as an assistant clinical professor of surgery at Yale of general and pediatric surgery in 1989 to speak to patients and their caregivers. Dr. Bernie Siegel was born in Brooklyn, NY. He attended Colgate University and Cornell University Medical College. He holds membership in two scholastic honor societies, Phi Beta Kappa and Alpha Omega Alpha and graduated with honors. His surgical training took place at Yale New Haven Hospital, West Haven Veteran's Hospital, and the Children's Hospital of Pittsburgh. He retired from practice as an assistant clinical professor of surgery at Yale of general and pediatric surgery in 1989 to speak to patients and their caregivers.

Bernie Siegel's meditation tapes are always very good.

I felt the meditation wasn't that relaxing and the audio quality wasn't that good. I have gotten much better meditations on youtube.

I use it in our religious group and we enjoy the meditations.

love the cd I have a lot of dr Bernie siegel books and cds they are wounderful. highly recomend

Very good

I love his voice ! I instantly fall into feeling good as soon as he starts talking.

[Download to continue reading...](#)

Healing Touch Meditations: Guided Practices to Awaken Healing Energy For Yourself and Others
Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Guided Meditation: 30 Minute Guided Meditation for Sleep, Relaxation, & Stress Relief ((Self Hypnosis, Affirmations, Guided Imagery & Relaxation Techniques) Guided Healing Meditations Guided Meditations for Self-Healing Crystal Healing: Simple Guide To Understanding The Benefits Of Crystals (Healing Stones ,Energy Healing,Crystal Healing Book 2) Reiki: The Healing Energy of Reiki - Beginnerâ€¢s Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) Crystal Healing: The Ultimate Reference Guide To Understanding The Benefits of Crystals (Healing Stones, Energy Healing, Crystal Healing, Chakras Book 1) Crystal Healing: The Ultimate Reference Guide To Understanding The Benefits of Crystals (Healing Stones, Energy Healing, Crystal Healing, Chakras) Crystals: The Ultimate Guide To: Energy Fields, Auras, Chakras and Emotional Healing (Aura, Healing Stones, Crystal Energy, Crystal Healing, Energy Fields, Emotional Healing, Gemstone) Day by Day: Daily Meditations for Recovering Addicts (Hazelden Meditations) Food for Thought: Daily Meditations for Overeaters (Hazelden Meditations) Tending Dandelions: Honest Meditations for Mothers with Addicted Children (Hazelden Meditations) The Promise of a New Day: A Book of Daily Meditations (Hazelden Meditations) Meditations for Manifesting: Morning and Evening Meditations to Literally Create Your Heart's Desire Mindful and Mindless Eating: Guided Meditations to Become Lighter with Food Chakra Breathing Meditations: Three Guided Practices to Unify Body, Breath, & Mind Yoga Body and Mind Handbook: Easy

Poses, Guided Meditations, Perfect Peace Wherever You Are Living from Your Center: Guided Meditations for Creating Balance & Inner Strength (Inner Vision Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)